

Templeogue Tennis Club

Adult Coaching & Cardio Tennis September 2018

8 week term 24/9 – 01/10 – 08/10 – 15/10 - 22/10 – mid term - 05/11 – 12/11 – 19/11

Cancelled sessions will be added during mid-term or at end of term

Adult Coaching / Mens Drills / Clinics – 8 week term

(mark which class you are selecting)

Monday	Men's Drills	6.30pm- 7.30pm	€70	Ferghal
Wed	Beginner / Improver	10am – 11am	€70	Ferghal
Friday	Beginners / Improver	5.30pm – 6.30pm	€70	Ferghal
Saturday	Beginner / Improver	11am – 12pm	€70	Barry
Saturday	Mens Clinic (Bands 2- 4)	11am – 12pm	€70	James Cluskey
Saturday	Ladies Clinic (Bands 1-3)	12pm – 1pm	€70	James Cluskey

Cardio Tennis ... All Standards (8 weeks)

(mark which class you are selecting)

Wednesday 9.00am – 10.00am	€70	Ferghal
(New to Cardio <u>only</u>)		
Wednesday 7.00pm – 8.00pm	€70	Ferghal
Thursday 9.00am – 10.30am	€105	Ferghal
10.30am – 12pm	€105	Ferghal
12pm – 1pm	€70	Ferghal
Friday 9.00am – 10.00am	€70	Ferghal
10.00am – 11.00am	€70	Ferghal
(New class) 11.00am – 12pm	€70	Ferghal
6.30pm – 7.30pm	€70	Ferghal
(Early Bird!)		
Saturday 9.00am – 10.00am	€70	Ferghal
10.00am – 11.00am	€70	Ferghal
11.00am – 12pm	€70	Ferghal

Name **Mobile No**

Please make cheques payable to Templeogue Tennis Club - Please return forms with fees to the Club
Classes are allocated on a strictly 'first paid – first served' basis.